Nappy sacks and plastic bags are handy for disposing of used nappies, but they pose a potential suffocation and choking hazard to babies and young children.

This leaflet contains information and advice to help you use these items safely.

Further support and information
The Nappy Sack Safety Campaign is supported by the following organisations.

Children Accident Prevention Trust
www.capt.org.uk   Tel: 020 7608 3828

Royal Society for the Prevention of Accidents
www.rospa.com/childsafety
Tel: 0121 248 2000

Children in Wales
www.childreninwales.org.uk
Tel: 02920 342434

Babies can suffocate on nappy sacks

Keeping your baby safe
Help and advice for parents and carers of young children

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Why do nappy sacks pose a suffocation hazard to babies?

- Babies can suffocate on nappy sacks.
- Young babies naturally grasp anything and put it in their mouths, but they find it more difficult to let go.
- Nappy sacks are flimsy and are small enough to fit in little mouths.

Making some simple changes can make a big difference to your children’s safety. Help us to prevent anymore babies from needlessly dying.

To avoid danger of suffocation and choking:

**Do:**
Always keep nappy sacks and other plastic bags and wrapping away from babies and young children.

**Don’t:**
Never place nappy sacks in a baby’s cot or pram.

**Nappy sacks can kill - at least 11 babies in England and Wales have already died**

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